



Taking Charge Podcast with host Mark Januszewski

Speaking with guest Marlo Anderson #1 Best Selling Author, Mother of 5

Introduction: What do you want to do with your life?

Taking charge with successful businessman, world renowned speaker and best-selling author, Mark Januszewski. This is the only podcast where we end the self-help hustle and heartache, and all of our listeners with everything they need to access a remarkable power within, a power beyond measure. Mark J is the creator of the famous master key experience, which publishes annually a success rate of over 98% happier, healthier and more successful people. Mark co created the master key experience combining science and spirituality with his wife over 30 scientists, and the illuminated ones spanning 4000 years.

You'll quickly discover that there are really are no common people. There is greatness within you. And this podcast will help you find and develop your greatness. The best news, it's in you already, and so it's free. I welcome you to our host, Mark J, creator of the master key experience.

Mark: Hey, aloha everybody, and welcome too. Guys, getting a sneak peek of a podcast that's coming up in September with one of my favorite people. And that's because I had an opportunity to study with Marlo for two years. But let me start this the way we start every one of these webcasts. So, Aloha and welcome to today's episode of taking charge, ending the self-help hustle and heartache from beautiful Hawaii, Hawaii. Now we begin every one of these sessions, if you haven't been here, then you're going to love this. And if you have, you know it's familiar and you love it. Which is, what does aloha actually mean?

No, I didn't know this till I moved to Hawaii myself, but Alo in Hawaiian means divine and ha means breath. So, Alo is the divine and ha is breath. So, when someone says Aloha to you, what they're really saying is more than Hello, or goodbye. What they're really doing is putting the breath of the Divine on you, which is really fantastic. And the word haole, which some of you may have heard, when someone calls you haole over here, it means you have no breath, no spirit of the Divine.

So Aloha, everybody. We're really glad that you're here. And we're going to jump right in. If you're not familiar with ending the self-help heartache and hustle, no, we're not after gurus in the \$12-billion-dollar self-help industry that really doesn't offer any quantifiable results, but fundamentally, we're after you. Because if you're anything like me, and you want to improve, you've been to lots of self-help

books, you've bought them, they sound great, the conscious mind gets realistic as simple thing like eating donuts. You don't want to eat any more donuts. Something people call them the circles of death. You don't want to eat anymore, you don't want to hear more, and then you find yourself at Dunkin Donuts Krispy Kreme in the office, and suddenly you're eating a donut.

And you read this self-help book of how to cope with that, and it was great. What happened was that your conscious mind, you understood it, but your subconscious mind... as you know from these podcasts, this is where the decisions are made. And in the subconscious mind, nobody's home, nobody's home, it just runs programs of habit. So, you have to learn how to get in and influence the subconscious mind. And that's really what these podcasts are all about.

These are all people who were quote unquote, average people who made a decision somewhere along the way not to be average anymore. And they tapped into the two things that have been around for 4000 years, which is a shift in their consciousness, the work to make that shift in their subconscious stick.

And of course, to do that, they had to do the second of the two things. They had to get off the couch. We see this in everywhere from a scripture to Buddha to everybody. You know, Faith without works is dead. You got to do the work. And I wrote, knowledge doesn't apply itself. And that leads us to our special guest today, Marlo Anderson. She's just in the process now of releasing a second best seller. This is about exploring and discovering your purpose. These are the six steps to your dream career.

And it's just so important, because instead of fluff and hype, it's actually helping you discover who you really are, not who mommy and daddy and the schools and the institutions told you you should be, and all the self-helpers and say, these are my seven steps to successor, my four steps to success. You just found somebody use a copy of a copy there, and you know that from previous webcast.

What I found with Marlo when I first met her about four or five years ago here on Hawaii, what I found was, she had a special gift, a mother of five, five, five. I had two. I don't know how you do five. I don't think it's possible. Anyway, she's also arranging for you to get a free copy of her book, and we'd love you to grab that. She'll tell you a little bit more about it.

And I think today, we're going to focus in on a little bit probably on yoga, but it's applicable to anything. So, don't tune out, because whether it's hairdressing, or yoga, or network marketing, or bricklaying, or painting, or writing, the principles, which is what this marvelous woman teaches are applicable all the time. Fashion

comes and goes. You know, there aren't any shortcuts to any place worth going as everybody knows.

So, we'd love to know where you're from, we'd love to know that you're sharing this with other people. And we see Jane on here. And Jay, fantastic. This is great. So, I'm going to bring on Marlo, because what she's going to help you do is help you understand the principles behind getting ready to discover how to blend your passion. And that's what's really important. We're not talking about doing better at a job that you don't really like, okay? How do you make that career shift? How do you find out what you really do?

Because a lot of us, and I know I did when I was younger. I made a shift from insurance to books. I didn't really like either one of them. I did well in hustling insurance. I did well hustling books. I was a top producer both places, but I had no passion for and I couldn't use what this woman knows, okay? So, if you're thinking about a career change, it's nice what you're doing, but you don't have that fire. How do you find that fire? What really turns you on? Not what you've been trained to be turned on by, but what really turns you on. And then how do you take that and create a marvelous, great living.

It's my pleasure to welcome my partner for over two years in studying Wallace Wattles, the science of being rich, the science of being great, and the science of being well. And this woman is great. Marlo, so happy to have you on here. And you'll be on in about two seconds. So, welcome to taking charge. You certainly have done that. And you look beautiful today. Obviously you're doing something.

Marlo: Mark, just seeing your face and your voice, everything, it's like coming home. I just always enjoy time with you. So, thanks for inviting me onto your podcast.

Mark: Thank you. So, I know we started studying Wallace Wattles, who was the inspiration. For him, I who wrote The Master Key System. And that led to Hill's book, sort of a blue color version. But Marlo, and I went way past Hill and Haanel, found Wattles, and this inspired you. Now, what I'd love you to do is tell us how do you raise five kids, okay? and then all of a sudden decide, okay, now I'm going to pick a career and take this passion I found and put it in play. Tell us, before you went through the master key experience, what it was like, and then how you found this inspiration to help other people find their passion by finding your own first?

Marlo: Well, when you're ready five kids you really get to know people, because they are all different. And I don't think that one of them, what worked for one didn't work for the next one. And while I was raising my children, and loving every

minute of it, and even I had four and I could have easily been done, but I'm like, no, there's one more I'm feeling out there, and I had this little child, five years later after the twins. I knew that there was something thing that the kids were on stage that I was in, and I was going home and take care of them. And then I knew something inside of me. I didn't know what it was. But something inside of me knew that there was something more later for me.

And I had to be honest with that and I had to be open that no matter what it looks like, or what it is, that I would be honest with myself, and give up any pride of anything that maybe it doesn't look glamorous, or give up any like sort of maybe confusing other people, what are you doing, you know? Because I do healing work for people, and that's not like a normal job that you would say, Oh, I'm the CEO of such, and such, and such, you know?

And so I have found that there's a certain thing, like in the master keys that we talked about. There's something in there that when you know that there's something burning inside of you, that is a God calling. And we all have it, but most of us don't listen to it or recognize it, or too afraid to acknowledge it, because that would mean a life change. And life change can be difficult, because you have this system going.

So, I love what you were saying about that preprogramming in the early years of your life. So, we pick up were we're in beta stage wave, when we are up to about six years old, and we pick up everything and there's no filter whatsoever. And so then we decide, oh, this is how I operate it, this is how the world works, this is who I am. And you get examples from your parents or grandparents, your neighbors and everything.

And most of the time, that works for about 40 years, maybe 45 years or 50 years, but eventually wears off, where there's something that starts nagging inside that I was why do I feel I'm not complete? Why do I feel like I'm wonderful, everything that you do up to this point is perfect and is what I was supposed to do, but why do I feel like if I continue that...

So, what happened to me is I realized that if I continue to stay on the same path...that's why I mentioned yoga teachers and dance teacher for 23 years. And yoga teachers are very similar in that you're giving there's a philosophy, you're nurturing people, and all these wonderful things go on in class, you're helping to change people. But then I got to the point where I realized that if I kept doing the same thing over and over, that I would keep my evolution potential. Like I had to hit a ceiling where if I kept doing this for the next 30 years, 40 years, that I would

not grow very much, like it had given me all that it could give me. And I didn't want that choice. It's a choice to make, it's not right or wrong.

It's not wrong to choose to stay and say, Okay, I'm happy where I am, I'm just going to stay here for the next 30, 40 years. There's nothing wrong with that. But there are certain personalities like myself and yours that people that are attracted to my work and people that are attracted to master key, that kind of stuff, that that doesn't quite gel, and it's not a life that I could do. So, I had to find out, okay, now, if with dance teaching stuff, and it was a big decision, because I felt like I was chopping my neck off, but what is next? It takes a lot of courage to be open to say, God, what really is my calling?

Mark: Right. And sometimes it changes, because our values change. And when you go through intense studies like you have... believe me, I watched this woman study. And come to the table, every week with a very elite mastermind. And there was just five of us in there, and she was thorough on every sentence trying to squeeze all the wisdom and application out of it. I want to go back to a couple of things you said. I think they're really important for listeners to understand, because the greatest mechanism on the planet is between our ears.

Unfortunately, most of us are either inexperienced or poor operators of that mechanism. So, the things we're talking about the master key experience, and the things that Marlo is talking about, and then she's going to share with you further are ways to learn how to use this amazing resource that is between our ears. I mean, let's be candid, most people know more about how to use their cell phone than they do about how their brain works. And so I watched her get into this. And as we do, we start to realize the unlimited potential we have. But I want to go back to this period that you were talking about, known as theta.

This is when up to about age five, six, or seven, depending on inner city kid, the parents and so forth. But sometime in there where reality and imagination are elegantly mixed together. I remember my son fishing in the backyard when he was four, no bow, no fishing rod, right? and him having to come in for dinner, and you know him taking off his boots. That weren't really either. And then sitting down to eat, and the fish that we had that night was one that he had caught which... So this beautiful blend of imagination and reality in the thing this stage is when we're getting that subconscious is getting programmed. And so Marlo studies brought her in one place where wait a minute, this is what I've been programmed to do, and it's been marvelous.

And I think the other thing you're talking about is we get into our mid late 30s for some women up to early mid-50s for guys is disillusionment with goals, even if

you've hit them, they're not really that satisfactory, because they really weren't yours. Doesn't mean you didn't enjoy them and didn't do well, or unmet emotional needs, one of those two things. And I want to tell you, if you have that not inside, that emptiness inside, and I've seen Marlo help people with this, that thing, that empty feeling that can feel like desperate and lonely or you're alone, you can't even really describe it, that's the call. That's the good news. Run to that hole. And I've seen you do this with people.

How do you suggest to people that instead of avoiding that, which is what most people do, particularly Americans, they'll fill it up with too many things to do, too many activities, they actually schedule spontaneous, okay? I mean, imagine the idea of having what has happened to our children and to us where we scheduled quality time with the kids, instead of it being a spontaneous imaginative thing. And everything's programmed out. So, we want to kind of reverse that.

How do you encourage people to go to that thing that seems dark and scary? Because you and I both know, that's where the wonder is. And I have my way. I know my way. How do you do it? Because I've seen you do it to people, and it's incredible. Because that's where the healing really begins, is discovering who you really are, which is magnificent. How do you bridge people to that?

Marlo: Well, first, we have to realize that that is God speaking, and we are a fractal peace of God. So, the inside of us connected to source is saying, there is more and its time. And if you decide to ignore that, two things will happen. One, we will put you down so far that it might not come back up for 20 years. So, it's going to get so loud, you're getting so sick of it or what is it? And the biggest blessing is, for people that allows it to go and become super, you know, loud answers it before it gets... I'm not explaining myself. It's a blessing for it to get really loud than obnoxious is what I'm saying.

And if you want to answer that right away, it will point yourself to this is God speaking, this is my eternal self. Because you said like the port between the head, between the ears is where the magic happens. And the brain is going to only respond to what the spirit is underneath. And so I work with not only the brain, but I work with the eternal spirit. The part that is eternal within us, that existed before we were embodied, and will continue to exist forever after we go into the dirt. And what is it that we are supposed to do while we're here in this body now to serve the bigger purpose? And what's the one thing? So, bridging the gap is understanding you have, everybody has a unique thing inside of them that they can do better than anybody else.

You know, like Jason here, Lan, Tony, Dana, Jane, Devin, Jay, they all have something they can like knock the socks off of anything that you could do, or anything that I could do. And if everyone is willing to get in there and do the work, and the work is actually both joyous and uncomfortable, because you have the revelations and the breakthroughs. But then you have the time where you have to go back in and work through the uncomfortable things that are in your way.

And so the people that are willing to be uncomfortable, and delay the gratification of right now everything feeling comfortable, delay gratification here and there are willing to go that you always come out the other side. And so I promise you, if you listen to that call, and you're willing to trust this...I think the big problem is trust that they can do it. You know, a lot of people don't think that they really have anything on the other side that worth all that working for.

And so if you can trust that if you are God embodied when there's something on the other side, that you can do better than anybody else in the planet. And if you want to find that, you will find that. And if you're willing to go through the work to get there, 100% of time, the answer will be there for you.

Mark: Right. So, bridging people a big thing here. Let's talk about uncomfortableness, because you and I come from the same church, slightly different pew, but it doesn't matter about the willingness to delay gratification is really the combination to the vault.

Marlo: Yes.

Mark: And so one of the really interesting thing great movie called food matters. And it's not anti-medicine or all that, but they're talking about, it's not that difficult to eat organic, and what you eat today walks and talks tomorrow, and so forth. And it's really interesting, because few of the people in the movie, and again, not anti-establishment or any, there's in place for medicine, there's a place for food, let's work them together. But fundamentally, the way that we're perceived in the rest of the world is, our biggest fear is not death, it's not terrorism, it's not speaking in front of a large group, it's inconvenience. We don't want to be inconvenience.

And it's inconvenient for the way we've been conditioned to step into the unknown, this hole and being uncomfortable. Because to me, the reason people don't want to be inconvenienced is they don't want to be uncomfortable.

Marlo: They wouldn't want.

Mark: Yeah. So, they're really to me very similar in most situations. What suggestions do you have to encourage people, instead of feeling empty and

lonely and saying, this is a call, how would you encourage someone to move forward and move away from what's comfortable? I mean, Joseph Campbell said, you got to be willing to give up the life you have for the life that's waiting for you. And it sounds great. But in that little sentence for most people, it certainly was for me, there was a cavern in that was like that, you know? Who am I going to be if I'm not fat, and broke and lonely, you know? That's my identity. I rehearse that every day.

Marlo: Yeah. It's all about the change of we being willing to give up that ego identity. So, to bridge the gap, if you are willing to know that there is actually more comfort on the other side than the comfort you're in now, so, you think this is comfortable. But is it comfortable to feel the ache? Is it comfortable to have an only moderate relationship with someone? Is it comfortable to only have a job that you that you like but you don't love? Or that you love that you feel you might be outgrowing or something more or the yearning that you have?

So, it's the decision to say, what really is comfortable? Do I want to live in this sort of comfort or do I want to get through to the other side and have joy be my comfortable, and have tears of gratitude be my comfortable, and more often? So, we can have those things now here and there. You know, everybody has those moments where the heavens open and we feel that **[Inaudible 23:10]** But that can become the norm instead of that being the every so often. Like I remember back in 74, I was sitting under the bench.

Mark: Yeah. You know, it's, such a great point. One of the questions here is, what's the work in going through? Thank you, Miriam. Great question. So someone says, Okay, you guys got me. Somewhere between what Mark is saying and somewhere between Marlo is saying or all of Marlo saying, or, Mark saying, I get it. I get that this is a call, I get I'm going to be honest, I get that I filled my life up with activities for myself and my kids. And I basically almost have to schedule time to go to the bathroom. I've packed my day with so much so that I don't have to think and feel. Okay, I confess. So, let's say Miriam is here and Karen is here, what do you suggest, a step or two to start to take? What's the work look like? What does that mean?

Marlo: Well, the work looks like... So, as a healing facilitator, I help people get comfortable in the moment of trusting that whatever they find out, that they need to heal, whatever they learn at the spirit level is their next step was bringing them to more joy than they ever thought was possible. And then the next week when I meet them, we do the same thing.

So, in my work, we go inside, we talk about what's going on, and then we learn what exactly is the next thing that you need to do to move forward. And your spirit is the one that knows that. And I believe that, because your spirit knows all those bad information, but we can't just walk around and know that consciously. Oh, the first thing I need to do is unravel that thing that happened when I was four years old. You're not going to know that, you know? But we go through and we find what is the next thing that in your evolutionary process is ready, the low hanging fruit, and then we're going, we keep going, we keep going to get deeper and deeper and deeper. And so you're just not even the same person in a good way. You're the same person and in bellish.

Mark: Right. You're the best version of yourself or what you intended to be. So, here's the debate that I'm having with a few people. I hope you're getting folks. When we say influence the subconscious, it's the subconscious that is the connection to the realm of divine ideas, universal mind, the source of all good God, whatever your name for it is fine. None of us really know. Let's not argue about it. Let's love everybody's definition, because it expands everything for everybody. But you have this idea, right? and with this transition over into application in a daily life.

So, one of the debates we're having is, it's fun, and I don't think there's any wrong answer, is I'm at a point in my life where I believe we are a soul. That's it. I don't have one, I just am one. And it's just housed inside a body that I have pictured in my mind. That's it. And other people that are on the other side of this debate, all wonderful. We're all rooting for each other. Nobody is trying to win this. Is that we have a soul. What is your feeling about that? Because at the core of both of them is the same thing. If change is going to happen, it's going to happen on a spiritual level. You know, reasoning and intellect won't get you there.

Think of reason. This is a problem with most people's reasoning and intellect. Reason, think of it as a lawyer. You can argue either case. You can argue why you should have that donut, or why you shouldn't have that donut. It will not help you make the right choice. Intellect will just help you find the best way to avoid the donut or the best way to eat the donut. But that's what intellectual do. It is really principle driven by spirituality that is going to help you do the right thing for you to be the perfect expression of you. So, what is your feeling about it? Are we a soul, is a soul part of us?

Marlo: We are a soul definitely. Because my work works on that eternal part of the soul. It works on the... because we this is just a little blip and the whole eternal process. Up here talking as if it's a story made up. I'm sitting here. My

name is Marlo. You're sitting over there. Your name is Mark, and you're in quiet. I mean, you talk. That's all just a story, that's temporary, kind of like a planning board of things that are hiding and interacting. But Shakespeare really want to explore this when he said, "All the world's a stage".

And what I really think that he meant by that, and I never really would've understood that unless I looked at it from this perspective, is that the world is just the stage, clean out a game. But behind the scenes, in the spirit realm, that's where all the action is actually happening. And that's all for real. Because anything that can change is not real. Anything that is way the same, I don't mean change, like you don't change, I mean, you improve yourself is real, because it is eternal and doesn't change. But if it can change that your name is Mark, then that's not real. **[Inaudible 29:11]**.

And so it's in fact that my mom wanted me to name one of my kids Mark. And I wish I would have done that, because it would have been really cool. But yeah, the eternal part of us that's forever, that's what's more real than anything, all this other stuff, even our identity. I'm saying I'm a baker or I sell donut. That's not even real. That's just a construct of an identity that we put on for temporary fashion.

So, the way that I work with people is I want them to know, how can they take what their eternal purpose is and put it into material realm, and how does that manifest the material realm so they can get the spiritual work done with the people that they can best serve. Because everybody here has a tribe that they can serve the best to. That helps the consciousness of humanity. And if we can all be knowing who it is to serve and be at our highest self to be able to serve those people in our highest capacity, the whole planet and everybody to be involved, to involve each other, love each other.

Mark: I mean, that's really, in all of our studies, which obviously, when we went through the Wattles thing, we really were touching everything from the Christ, to Buddha, to Disraeli, and everybody in between. And that's really what it is. It's about raising consciousness. If you look at movies that go the distance, like Star Wars has, the real appeal there is it's a wonderful depiction of what's known as the hero's journey, where each one of the trials and tribulations that a person goes through our hero goes through.

And we go to those movies to live vicariously through them until we decide to write our own movie, which we don't realize until we start to work with Marlo, or go through the master key experience, or do both that you've been writing your own story since you've been seven or eight old.

Marlo: Yeah.

Mark: The thoughts we hold manifest in our life, period. But fundamentally, each one of these experiences that the hero goes through, that's you, helps evolve the consciousness. So, one way to not do that is to do the same thing for 40 years. Again, if you love what you do, that's great. You already found it. Celebrate man, and share that joy and let that peace and harmony in your soul light up everybody.

I know a waitress in Rowley, Massachusetts. She said, been at the same diner for like 35 years. And then everybody knows that she found it, man. Then we go into that diner to see her. She's just terrific. But anyway, find and follow. Your bliss is one of the other ways to say it. Basically, what we're talking about is really the cover of your book is "Explore and Discover Your Purpose"

Marlo: Yeah.

Mark: There it is, explore and discover your purpose. Okay. So, how difficult... you've been at this for a while now. How difficult is it? What interrupts the surrender?

Marlo: I like the way you word that. What interrupt the surrender. Hopefully, it's not that you get to the bottom and you don't have any further down to go. I'm just going to ask people to don't let yourself get to the bottom. Be wise. Listen to that deeper for themselves that no more than that. And we feel that calling this answer right now. And you're taking up a lot of we'll take a short cut instead of the windy road to finding... I live my life in that even if it's five minutes before I die, if I know, in that last five minutes when I've done, everything I could here to be here on Earth, like my job here, the things that I contracted with other people too contracts, contract with God, contract promises to myself, if I can know that in the last five minutes before I die, I've done it, it's been worth everything to know that you did it.

And so look at that and say, do I want to hold on to something that's not true, or do I want to let go and find mysterious things that I don't even know about, that are more true for me?

Mark: Right. Yeah. And it's back to the shortcut. The answer here is Campbell. You got to be willing to let go of the life you have for the one that's waiting for you.

Marlo: Yeah.

Mark: And you know, you were made first class by first class. And all you have to do to live a first class life is to get into first class service, which means you're not doing things to glorify yourself, but you're representing the source of all good. And I know what that feels like. And I know what it feels like to hear the call and say, you can't mean me, you know? you can't mean me. And somebody gave me something for that one day, because my life was a mess.

This goes back about 30 years ago. And a friend of mine said, you know, he uses the week to confound the mighty adobe. What's your experience with that? I know that you've coached some people who didn't think that they could, quote unquote tie their shoes in their new venture, and now they're successful.

Marlo: Yes.

Mark: How do you get them to cross over? How do you get them to realize that it is you, it is you?

Marlo: First of all, I let them know that we are all very short sighted on who we really are. We know about .01% of who we really... I mean, our conscious mind and like us sitting here right now, we don't know who we really are. We don't know our potential. We don't know what we're capable of. And what we've done in the eternities before coming to this earth, and what we're going to do after, we don't know those things. And so the work unfolds organically as people evolve. Because the work, it's like taking years off of evolution, even lifetimes off of evolutionary process is doing this work.

So, as you do the work that I have, then you organically move into the next phase, and you're there. And so I don't have to tell people a whole lot of things, because they get there just by doing the work. They become something different really, really quickly.

And so some people even like write me a big letter about the big things that they've changed and everything. And then the next week, they come in and say, so, I'm so excited that you feel you've made all the changes. And I go, what changes. And I go, well, to change the two pages that you wrote me about all the movies that happened right after the depression. And they go, Oh, no, I feel fine. And I'm like, well, I will get it out and I will look at it. And I'm like, oh, wow. I was like that. They become so new that they don't even remember how that was before. It's like just gone. It's like **[Inaudible 36:51]** they thought they had that problem.

Mark: Sure. You're helping people create a new person and a new life. And I know I can speak from Marlo a little bit here. She may have a different spin on it.

But you're really not turning into Marlo, you're really not turning into like one of the things that we have in our course, the master key experience. You know, we tell people, this is different than anything else. We don't want you to copy us, we want you to find you.

So, this new person is really who you intended to be and what you were made for, and letting the conditioned self takes the best from that and let the rest of it die. And reborn or birth, if you will, this incredible spirit that mixes imagination with reality. But the imaginations now have value based on what you've observed in the world, and where you can make a difference in your house, in your school, in your community, in your state, or the world. I don't know what stage you're supposed to be on. That's none of my business. I'm just rooting for you. You find that people, once they start to get that, that it's amazing how comfortable they really are?

Marlo: Yeah. Since they raise up in vibration, and they have access to more of what God wants them to do, they kind of more open to hearing that. They become more open to recognizing the cues around them. They're quicker to recognize things that they can do to help people. So, repeat your question. I got myself off.

Mark: Once they start to, they go across this down into the darkness. And it's in the darkness where they find the light of who they really are. It doesn't take my experiences; it doesn't take any time at all to get comfortable. And they start to play with this new identity. And it doesn't feel uncomfortable, yet some of the people around them are a little uncomfortable.

Marlo: Yeah. So, they are organically new. They are now... you know, each time you do work, you become a better version of your full potential. And you have that. Nobody can take it away from you. You don't have to keep doing anything to keep it. You don't have to like saying, I've got to make sure that I don't lose this. It's there. It's who you are. It's like you can't take away your heart beating, it's just in there.

But then what happens is, people that are closest to you, most of the time people are bumping up with you. Because if they're going to be in a relationship with you, they're going and now you're vibrating at a higher level. And so they want to match you and they start changing a little bit with you, and they start coming along. I have seen all the time, spouses and children of people that you work with me, the whole family come, like the whole family moved with the person that is the leader, the spiritual leader of the household.

And only very occasionally that they break. And that's because it was abusive in the first place. And I don't do that one time. We got so involved or to realize, Oh, this is an abusive relationship, and he couldn't come with her because he couldn't allow him to do that anymore.

Mark: Right. One of the things that we like to tell people, because I know a lot of people that have been through the master key experience or thinking grow rich with us. You know, we tell them about halfway through. Because if they'll stick with it that long, if they'll stick with what you're doing, folks, this is not what Marlo is teaching, what she's sharing, and what and what her real gift is. This is not shaken bake over the weekend, yell and scream, walk across ice cubes or hot coals or anything else. In your life, it's all better. This is work.

Marlo: Is it organic? steady work?

Mark: Yeah, it takes time. And just like Solzhenitsyn and Capri in the Buddha, and the Christ and everybody else, you are initially going to get criticized, because while everybody else is painting by the numbers, you're Salvador Dali having a ball out there, creating this new reality. And so have you found that preparing people for a little initial pushback is something. And to me, you tell me what you think. But to me, when I feel pushback, I know I'm on the right track.

Marlo: Exactly. If you have any pushback from anybody, that means you're not doing **[Inaudible 41:53]**.

Mark: You're sitting here, sitting on the couch eating sour cream and onion chips again, right?

Marlo: So, ego fight so hard to stay in charge. And so when you're willing to say, okay, ego, spirit is in charge, I'm in charge, and you start moving past with what ego is trying to do, but everybody else is still working and the ego in charge. They're in charge, egos are going to be saying no, no, no, no, no, because the egos job is to stay in charge, but the fierce job is to override that. And so we're looking on earth fighting that battle of ego in charge, spirit in charge. And so the people that, it's not the egos fault, that's its job. That's part of why we're here is to get past it. So, we're going to start fighting it.

And I had it happened to me. It's fine. And it's going to continue to happen. Because the more you evolve, the more you're going to push buttons. But the pushing the buttons, you're not doing it to be in anybody's space, you're just living your life, you're living your best life and you let them do what they need to do. And if somebody has kind of a tantrum, or falling apart, or raw, good, because it's what they need to do to move forward.

Mark: Well, one of the things that we like to share with people, and I learned this early in business, in the home based business industry is, you know, the name of the book is, Explore and Discover Your Purpose, okay? and you can grab a free copy today at exploreanddiscoveryourpurpose.com/book. Maybe Dave, you can put that in there. But fundamentally, in essence, you're a pioneer, you're moving into a new frontier, okay? And pioneers are famous...

Marlo: Yeah.

Mark: ...if they complete their journey. And when you work with a guy like Marlo, you will. There's going to be some bumps and bruises. And what we're talking about with bumps and bruises, I can only confess about my own. All the bumps and bruises that I thought was painful, and I run into run back to the comfort of the life I had, and the pills I had. And, you know, my whole life was based on the Red Sox or the Celtics or, whatever, that was the big thing I was drawing my identity through whether a team won or lost, talk about a shallow life.

Then I started to realize later that these bumps and bruises are just to my ego. They were false beliefs anyway, and weren't advancing me anyway. And here's a good way to test yourself like to know what you're feeling is about this, Marlo. If you express opinions politically, if you express opinions about the budget, if you express opinions about how your school system or your state should be run, all those opinions are all ego. That's all they are to try to draw a steam from other people.

I'm entitled to my opinion is probably the second worst statement. The first word statement is, you complete me, okay? I love the movie, Jerry Maguire. And it's a great line. But nobody completes anybody. We complete ourselves, and then we have something magnificent to offer, okay? The completion comes from here and where to share the completion, not get it from the outside.

But the simple idea, what are your feelings about that the bumps and bruises are really the divine or the guides, or the divine is working through chipping away at these false beliefs that weren't working anyway? And do you find that to make it a two-part question that as people start to get close to their greatness... And you and I both know there are no common people. We all have greatness in this. As they start to get close to it, they almost start to defend the way that they've been living their life, even though they just complained about what they don't like about it. It's ironic. Tell me about that.

Marlo: So, that's the part that you will like push and pull, his spirit wanting to move forward, and then you go still fighting. And so you want to go back, and then you want to push. Anytime that you're trying to get an opinion about

something like what you were saying, you so eloquently taught about opinions in the master keys. I really wish I could teach it that well. I don't think I can. But whenever you state an opinion about something, you're just making an argument against something else from a false premise anyway, because there's so much. It's all ego. There's missing information, it's incomplete information. And it's just talking about something that is from a very narrow viewpoint without all of the information to pieces. And if you had all the information to pieces, there would be no sides to anything.

Mark: Right. Yeah, much easier to talk about what they're doing wrong in California than take out the trash here.

Marlo: Yeah, and take responsibility for your own job here as a human being with God.

Mark: So, as we talked, one of the things that we wanted to touch on here is, that people in their gifts, once they find it, whether it's yoga, or direct sales, or network marketing, or cutting hair, or whatever, they can discover how to blend that passion, and earn a great living? A tip or two on that just to kind of tease them so they'll go get the book.

Marlo: Okay. Yeah, for free. I love to give it away for free, because I just want people to be able to have access. So, say that you have been an at home mom, and it's been the perfect place to be. And then you go and get a certificate to teach yoga because you're talented, you're gifted, you want to share with somebody, you know there's something inside of you that feels like you want to give more, and you want to get out in there and influence other people and receive from other people.

And so you're teaching yoga for like, say, 6, 7, 8 years, and then the spark starts to feel like, Okay, I'm teaching these classes, but I feel like there's more after this. And I feel like also that I'm not using my full potential anymore, because I can still teach yoga, but what more is there to me. And also, you have to have income in order to facilitate and drive a movement. And so if you look at everybody who has wanted to lead a movement like Mother Teresa...A lot of people think that Mother Teresa was just as kind, nun that walked around and hug babies. But she was a very shrewd and understanding read that understood, knew that if she wanted to create her movement, that she had to have funding for it, monetary funding for it. And so she wrote books.

I don't think anybody knew that she had like millions and millions of dollars. It's not something that most people understand. Because it's not what she was about. She wasn't about having the income to fund her movement, she was

about doing her movement. And so don't mind anybody who's like look at Christopher Columbus... I bring him up again for some weird reason. But he had to go get funding from the queen, he had to have funding for his movement, he had to fit for the Pinter, and the what... I don't, fifth grade, I don't remember...

Mark: Santa Maria.

Marlo: Santa Maria, yeah. I was going to say Anna Maria. Santa Maria. To go across, he had to have funding, he had to have backing. And so we can't create our movement of what we can do here without that financial backing. And so finding something that you can do for your purpose, that also gives you the ability to have income to help you fund your movement. And your movement could be send your kids to college without them having debt. That could be your movement. Letting the grandkids have an inheritance when you pass away so they can have something to live on to start up a new life.

Your movement doesn't have to be crossing the Atlantic Ocean to find a new continent. But whatever your movement is, it's that if you have that ache. If you don't have that ache, probably, we might not need this right now. But if you know there's something inside there saying, there's something more for me, I feel like I've hit the limit of how I can serve in this capacity of where I am right now. I didn't want to leave it, but I need to expand on it. In some way, I need to find more of what my gifts are, and also turn that into something I can create a movement with second half monetary funding with it.

Mark: Yeah, funding to expand the movement or whatever. You know, like am working with a kid in New Hampshire right now. And what he's doing in sales, which isn't what he loves, is he loves music. And what he wants to do is set up a center, because they're taking music and art out of the schools. Because let's face it, the schools want little consumers produce now, they don't want thinkers. And fortunately, there's people like you that are trying to help people challenge what they've always done to either validate, yes, this is who I am and what I'm supposed to be doing. I'm going to enjoy it more. Or Yes, it's time to add something in a change or penetrate an entirely new world. But definitely what he's doing. You know, he wants to build this music center. And he needs to fund that.

Marlo: He needs to fund it.

Mark: And he's not going to fund it by playing music as much as he loves music. I'm going to quote him; I suck at it. But it gives him incredible pleasure. But what he is a great organizer, and he loves kids. And he loves the idea of teaching people to think musicians, the corpus callosum in the brain. And this myth that

there's left brain and right brain people, that's a total lie. We need both sides of the brain. And one of them is called combining and complimenting. So, when information comes in, you may be a left brain or right brain, more receptive to learning. Some learning concepts, but then they need to facts to put it in play. Or they get the facts and then the concept.

But it is the corpus callosum, which is a band. A couple of bands with musicians' corpus callosum is 15% to 20% larger. So, the exchange of information between these two separate hemispheres...

Marlo: Can you please **[Inaudible 53:22]**

Mark: Yeah, which is why music is important. So, let's take that out of the schools. I'm going to be good today. I'm not going to get realty. This has just been unbelievable. Get over to exploreanddiscoveryourpurpose.com/ book. You'll find it there, explore and discover. And our first pick, first podcast is actually posted. This is the one that will go up in September. We will have the show notes for you. Video, audio, it'll be up on iTunes and everything else. And we'll have the link there for you, but that's not for about five or six weeks.

But if you get over it... Lori, if you can type the site in, or Dave, if you can type the site in, we just went live today. You can grab the first podcast, which kind of explains what we're doing here. And subscribe to it so you don't miss any of them when they come out. We just wanted to do a few live in September to try to create some awareness and give people like Larry, and Miriam, and Leanne Overlander another one that's really penetrating some new worlds, you know, a shot at getting it early. We appreciate you sharing this.

If you're listening to this podcast through normal channels, man, we'd love you to subscribe and comment. That's what helps us. We get a movement going here. The Master Key experience starts in September. If you missed it, don't worry about it. We have another course right behind it for the people that didn't get into the course. We want to do something to accommodate those people. One of your mastermind partners is on here. Jason Hauser was in that group. That was unbelievable. Poor Jason.

I think it was four reds and Jason a blue. It's me, you, Andre, Mark Terry, and all reds. And you must have felt like my wife. She's surrounded in this house by reds. But anyway, just fantastic. So, really important takeaways for me. I usually try to limit it to one. I got about six of them here, but I'm just going use two, okay? There is more. And its time you feeling empty, you're feeling a call, you're feeling and not. If you're feeling discontent, if you're feeling that the goals that you have in your life, and you got the girl the gold watching and the house, and it's

somehow not enough, like greedy for bigger house, or that... you know, that's what you'll get tricked into if you're not paying attention. But somehow they didn't do it for you, okay?

You did a nice job, you enjoy it, you're grateful, but you didn't do it. Are you feeling empty? I remember driving in Boston and between the buildings one day, and I was around thousands of people and I felt incredibly lonely. That was the call. That was the call. So, there is more. There are no common people. There's greatness in you, okay? Go get it. One of the ways to do it, take the master key experience and find yourself a guide like Marlo Anderson, who I call when I'm in trouble. She should be good for you.

The second thing is, that's even more important, there's another way to say there are no common people. I'm stealing this one. So, you can steal the way that we teach the opinion thing. We're short sighted as to who we are. I just a drive devein nuts, fabulous devein my wife that I can see the Christ in the soul and everyone, or the soul that they are. And now she sees it, but we don't see it in ourselves. We don't see it in ourselves. We had 20 things right. And the only thing we remember for the day is we forgot to pick up the dry cleaning, and that makes us an idiot. You got to get off that. Stop being so short sighted about who you are.

And we always love to end these the same way with a couple of simple kind of fun questions. You know, you get these two spiritualists here working on your spirit. Remember, the two keys are, you've got to shift your consciousness, and it doesn't happen by reading a book. Talk to Jason Howser. Listen to his podcast coming up soon. Unbelievable repetition. You got to repetition once you get into alpha and beta states. Without repetition, you aren't going to create a change.

If you don't know what alpha and beta states are the mind, then you tuned into the right webcast. Look it up, okay? It takes some work to alter your subconscious mind. And that means you got to get quote, unquote, off the couch, whatever that means. Some people are never on the couch. Their life is so busy that they can't do anything, even think. Great mechanism and a great guide right here for you. So, those are my big takeaways. There is more, and it is time. Taken from someone at 70. It's now baby, okay?

And the second thing is, don't be short sighted. Get yourself some glasses. And what we call glasses here, go through a real challenging experience. Go through the master key experience or masterkeyexperience.com. Get early notification as you get a full scholarship. The tuition is already paid by the generosity of previous members like Jason, like Leanne Overlander, like Dana Murray, like

Jamie Cox. It's already paid for. Or go get a free book. And don't let your condition say, oh, there's going to be a catch, there's going to be a catch. There isn't, okay?

We know something that you don't know. And that is, instead of selling somebody something, give it to them and let the generosity of their heart, if they get the message, they're going to want to pay it forward for other people. It's really that simple, okay? So, nine question. Nine little quickies here. Ready?

Marlo: Yes.

Mark: Okay. Best thing you ever eat?

Marlo: Best thing I ever What?

Mark: Ate.

Marlo: Oh, ate. Dark chocolate.

Mark: That was easy. First place you ever visited?

Marlo: Kuwait.

Mark: Oh, come to Kuwait, everybody. Okay. Favorite word or sound?

Marlo: Peace.

Mark: Least favorite word or sound?

Marlo: I don't even want to say it.

Mark: Love is

Marlo: Love. Love is love.

Mark: Money is?

Marlo: Money is love.

Mark: Okay. Life is?

Marlo: Life is eternal.

Mark: Life is eternal. If God exists, last question, when he gets to the pearly gates, what would you like to hear him say?

Marlo: We did it together.

Mark: There it is. There it is. Thank you so much for being on masterkeyexperience.com. For early notification, get to our podcast page, which

is, I think is it podcast, masterkeypodcast.com? Subscribe, leave a review so we get up in the ratings. We want a movement here. You'll be part of it. Every year in February, we give an all-expense paid trip to Hawaii for people that plug in to what we're doing. So, last year was, I think last year was the fifth year that we've done that, and we'll be doing it again this year. So get over there. Peace be the journey. Marlo, can't thank you enough.

Marlo: Thank you, Mark for having me

Mark: Peace out.

Marlo: Bye everyone.

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