

Taking Charge Podcast Episode #14 hosted by Mark Januszewski

Overcoming Obstacles

Intro: What do you want to do with your life?

Taking Charge with successful businessman, world renowned speaker and best-selling author Mark Januszewski. This is the only podcast where we end the self-help hustle and heartache. And arm our listeners with everything they need to access a remarkable power within, a power beyond measure.

Mark J is the creator of the famous Master Key Experience, which publishes annually a success rate of over 98% happier, healthier, and more successful people. Mark co-created the Master Key Experience combining science and spirituality with his wife, over 30 scientists, and the illuminated ones spanning 4,000 years.

You'll quickly discover that there really are no common people. There is greatness within you. And this podcast will help you find and develop your greatness. The best news, it's in you already and so it's free.

I welcome you to our host, Mark J, creator of the Master Key Experience.

Mark: Finally when we'll see you'll be the judge of whether or not it's great. But we want to welcome you to Taking Charge, ending the self-help hustle and heartache. And boy, are the hustlers and con artists out right now.

Let's face it, when something dramatic happens on the planet really interesting things happen. And I think one of the more interesting things that happens is it creates greatness in people that you would least expect it from, it brings the best out in some people and it brings the worst out in some people.

Now this has been written about for over 3,000 years so we're going to talk a little bit about that. But let me tell you about the podcast, we hope you'll get to our site which is masterkeyexperience.com. You can find the podcast there or world's laziest networker.

So what's Taking Charge all about? Well, taking charge is all about ending the self-help hustle and heartache. That industry is a twelve billion dollar industry with zero quantifiable result.

Hey, Michael Smith. How are you doing? Hey, Derek. How are you? There's my son up in New Hampshire doing some great work, some great recovery work for people. Check him out. And Derek, put your stuff in there. There's Laurie and Rico, my partner.

So anyway, Taking Charge, ending the self-help hustle and heartache. One of the things that this big twelve billion dollar addiction in the States alone is people get all excited when they buy a self-help book and then they learn a couple of phrases and all that, but nothing really changes. And then it's on to the next trendy thing, the next trendy thing, the next trendy thing.

Hey, Dennis Cuff, how are you? I think Davene will be here shortly if she's not already. And we're glad that you're here.

So we always start the same way with Aloha. So today Aloha is a very important message, it always is. I've been living the dream inside Kauai here for ten years now, just about it'll be ten years in a couple months. And I thought Aloha meant like hello or goodbye. In reality Alo is the spirit and Ha means breath, so Aloha ... when someone says Aloha to you they're really putting the breath of the divine on you. And so we hope that you'll have that as you go through this.

If you don't know who we are, I've written a couple of best-selling books and a lot of success in network marketing, sprinkled around some wonderful failures which only prepared me because I had the right mindset for greater things to come. We co-created the Master Key Experience, myself and Davene. Co-created Go 90 Grow, these are under the umbrella of Training Solutions. I wrote Standing Tall. Here comes the shameless book plug, if you want to do 27 weeks of 15 minutes of work a day you can have all the riches in life, the ones that really matter.

Anyway, we'd love you to share this with some people. We love hearts, we love knowing that you're there. And Danny Linkcard. Hey, buddy. Ion, really good acquaintance that's quickly morphing into a friend.

And going through an incredibly difficult time right now. Let's face it, some businesses are really crippled with this virus that's out there as well as the other things.

So hey, Alma. Nice to see you from California. I love to know where you guys are from.

We're going to give you some actual steps to take today. Now they're going to be a challenge because there always is a challenge. But with challenge comes change. If you change your mind then both your actions and your results change. A lot of people think that actions are causes and results are affected. The truth is both actions and results are effects, effects of what? Of what we actually believe.

So in trying circumstances we have an opportunity to do what's familiar and get mired in the momentum of mediocrity. Or we have another chance, and that is to do what we were intended to always be which are these dynamic, loving, beautiful, incredibly fantastic, miraculous, spirited beings that can overcome all circumstances.

So today, Aloha, Taking Charge, ending the self-help hustle - it's going to sound a little sermon-y or a little Pollyanna. I can assure you that it isn't.

There's a song that I used to love called It Never Rains in Southern California, but when it does, man, it pours. And the reality is it's all an experience. The agony, the ecstasy, the comedy, the tragedy of all of it. Most people waste their life mistakenly looking for the meaning of life. Life doesn't have any meaning, it never has and it never will, and that's why all that self-help stuff is nonsense. It feeds off that idea that life has some meaning.

The only meaning your life is ever going to have is the meaning you give to it. The great Joseph Campbell liked to say about the meaning of life, "Why ask what the meaning of life is when you're the answer?" It's been really nice to see my son, Derek, figure that out and now providing a tremendous service that's right in his heart, which is great.

And I see some friends of mine here, Dennis Cuff, like I said Ion is here, Norman. One of the things that happens as you get a little bit older is you look back on your life and you start to see what looked like a whole bunch of disjointed experiences are all this beautifully, magnificently written better than Shakespeare play and they're all orchestrated, they're all connected. And in the experience are these obstacles. The really interesting thing is you were the author all along.

So it's been 20 plus years since I fell into this, it's hard to believe. But I opened up to an idea, I was sitting in a church one day, a good friend of mine was in recovery and I was the minister. And so I decided to go and check it out. "Hey, James Carnevale. How are you doing?" James, this is right in your real house, this is some Old Testament stuff here today.

But anyway, he said four simple words - in everything give thanks, which is in 5:18, the Thessalonians. And I didn't like that because I wanted to be on the angry. I looked like I was an angry guy but what I really was underneath my anger was this victim, I was always a victim, kind of a pity pot and always had that attitude - if people would just do what I tell them to do everything would be fine.

And so I'm thinking, "Give thanks in everything, you mean if I come home and find drugs in my daughter's drawer or my son's drawer I'm supposed to give thanks. My mother goes blind, I'm supposed to give thanks." And the answer to that is yes, right?

And so it's in my head and I got a resentment and I'm trying to think of all these things, of how could you possibly give thanks for this or give thanks for that. When, in fact, I got the answer, I was listening to Billy Joel one night. Now this wasn't at a concert, he was just doing an interview and I was lucky enough to get into this small college interview, played a couple of songs on the piano. But he said he was all done writing when the river of dreams got in his head. And he said, "That's a catchy little tune." He didn't think of it and the next day he found himself humming it in the shower, and he said, "That's it. I'm dead meat. I got to write another album out."

And so that's how this was - give thanks in everything. I couldn't get it out of my head.

This truth actually revolutionized my life, my relationships, my relationship with myself, the external relationships, my business. And since that day everything that we bring to market has always been an attempt to create this marketplace ministry.

And so anyway, again, relax, I'm no minister. But I found myself an unusual situation - I suddenly became a single parent, my income was diving down because of a change in the seafood law, my mother went blind, I was short on rent, my son had just moved from living with his mother in Florida to me, my daughter was on her way. And I'm supposed to give thanks for all these things? Income going down, can't make rent, mother's blind. It's like but it had the ring of truth to it.

And then things got worse. I went to see Bill, see that minister and I talked and he said to me, "Look, pain is mandatory. But suffering is really optional." And I said, "Well, I'm having a hard time making ends meet because everybody in the seafood business lies about the weight. It's just accepted. You throw ice on scallops and the 41 pound bag turns into 44 pounds by the time you deliver it, and so that's how they price it out. So if you sell it the way it is and the right weight, you've priced yourself out of the market."

And I became fascinated and upset about this compartmentalization because now my son's living with me, and you have to know that kids are always watching you. I want to do the right thing. I don't want them to think that the Godfather is right. "It's not personal, it's just business." That doesn't give us the right to lie, which is what it comes down to and rationalize it by saying everybody else does it.

So it's impossible to convey to you in a short period of time, so I'm just going to ask you to take my word for it, okay? But this simple commitment opened up two lives and then it opened up thousands of lives, and I realized I couldn't play games with the product anymore because people do, other people do in the industry. And simultaneously reap the benefits of Think and Grow Rich, the Master Key Experience, in other words, the work of all the illuminated ones.

There was a document that we copy out of Think and Grow Rich and I wrote this out in 2009, you can see how old it is, but it's point five I fully realized that no wealth or position can endure unless built on truth and justice, therefore engage in no transaction that doesn't benefit all of whom it affects. And it goes on to talk about the same basic idea.

But I realized I had to be clean about all this stuff, and this was the first piece that fell in place in my heart. So I committed to rigorous honesty. That opened up recovery for me and I just celebrated a little over 32 years of clean and sober. And it wouldn't have happened without that, by committing to rigorous honesty. And when I did it felt like things got worse because now what I was making which had been cut by 25% because of a change in the law, now it was even worse.

And so I decided I don't have a choice here, man, I'm just going to think and see what happens. And at that point I admit Davene, my wife, and ... Oh, boy, she was going to be my wife at some point. And it opened up her life too, it's like, "What do you mean give thanks in everything? Are you nuts?" That's what she said. And she was in denial and I was a victim, but it was in my heart and she saw that. Somehow she later related to me she said, "I saw it in your eyes. I knew being a victim was a choice." And so the bigger gifts, the successes, the blessings are dwarfed by the lesson showered, connected to wisdom.

Obstacles will come, and we've got a big one right now, but they come fewer and further in between because we stopped creating them once you align yourself with these seven truths I'm going to share with you. So you want to welcome obstacles, that's the idea. Victors move towards challenges because they realize it's what they've been called for. Victims tend to cower away from them. Don't major in the minors. Understood the business wins, the car stuff, that's all minor, problems with this guy not paying his invoice, changes in the law, having to change for it. That's minor stuff.

It took a bit, but I got it and it happened, that every adversity really does have the seed for equal or greater benefit. And I learned at that point in time with my son moving in, my income going down, my mother going blind, yada, yada, yada - I learned a huge thing, the first thing I want to pass on to you - you need to know the difference between an inconvenience and a problem. And you need to ask yourself about that about everything.

You'll be surprised like I was, shocked, at how many things I thought were problems were really just inconveniences to my self-centered world. That's really, really important.

You come home from work, your kids are on the second story of a building that's on fire, your home, and the firemen aren't there yet and you can't get in the house. Yeah, you got a problem. You have a little

problem with income right now and it's going to put you behind on your mortgage or credit cards, that's just an inconvenience. It's not worth going to the mattresses in your mind about.

But there are huge ones like health, lost all your assets, a shattered heart. So detachment while committed to excellence is really what's required. I'm still working on it. But this time that we're in right now folks is the great accelerator for your greatness. I can absolutely promise you that.

So we ended up in this home which was a compound, a little bit earlier than we had hope to end up in it. And it all worked out in spite of all kinds of ankle problems and leg problems and health problems and a virus I had that was incurable. It all worked out because of what I'm going to share with you.

And, no, this isn't magic or something that you can go by. It's just a personal decision, because inside all that I was seeking truth that yields wisdom to deal with all obstacles. These are the bigger gifts, not what we ended up with.

Am I smart, brilliant? No, I was poor in spirit. The only reason that I finally surrendered and gave thanks in everything which opened up the wisdom that I'm going to share with you was that I was poor in spirit. What does that mean? Does it mean I was drunk and this? No, it doesn't mean any of that. It just means all the bullshit that I believed in a pin level, I see all these gurus right now in network marketing, I was just listening to two people and they're talking about violence in the home and how this is ... to pitch their shit, whatever. Just love them anyway, okay.

There's going to be people that are going to try to take advantage of this and there's going to be people that are going to offer real help. And what you want to do is put yourself in a position where you can offer real help.

So I want to try to give you these seven spiritual truths, because I was poor in spirit. And you might be a little down, feeling isolated, worried about the future. And what that really means is the economy in the world as we know it's collapsed. And like most people I believed in external stuff, if that was going okay then I was okay. And when it started to collapse I realized I was poor in spirit, and that's when the truth can come in.

As long as we're hanging on to ideas that the girl, the gold watch, the kids in college, whatever, that that's going to make us okay - then we can't receive.

And so I went and made friends with a guy by the name of Gideon. Now this is really a wonderful myth. Myths show us how to live - this is straight Joseph Campbell. Within them are principles inside these myths that were passed from the shaman, and your obedience, my obedience to the principles instead of ego determines the outcome.

If you look at the Bible it's a metaphysical textbook, and there's only two types of people in that book - those that got obedient to spiritual principles and things tended to work out pretty good, and those that didn't and they tended to work out pretty lousy.

So we're talking about principles here, spiritual principles. We're not talking about religion. Our obedience to principles instead of ego.

It was a total surrender for me and there's been more than one. So this story begins in Judges 6:37 and Gideon just like you were, otherwise, you wouldn't be here today, was called to greatness. He was called for a greater purpose. And he refused the call testing God instead of complying.

Here's the back-story - some of Gideon's people went out and trashed a temple. And so the Midianites, a 120, 130,000 strong came and gathered over this destroyed temple and Gideon was called to fight them with only 30,000 people. I think we'd all agree that that's an obstacle.

And so Gideon said, "Well, I'm not really sure you're calling me God the fighter. I'm crazy. So I'm going to throw this fleece on the threshing floor. Now if there's only dew on the fleece and the ground is dry tomorrow morning, then I'll know that you will save Israel by my hand as you said." And so he wakes up the next morning, the fleece is wet, the floor is dry.

And does Gideon get in obedience? No, because most of us are reluctant heroes. And if you listen to the fear pandemic that's out there your heroism will get squashed too. So are you denying your greatness? Are you playing with distracting dramas? Are you judgmental with yourself or with others?

So Gideon says, "Wait a minute, that's not good enough. I'm going to throw the fleece again." And I remember when I was down in Greensboro, North Carolina at a convention and Davene was all blown away by this speaker. And I said, "You're much better than her." And she said, "No, I'm not. She's unbelievable." The girl was really good on stage. And so anyway, we'll circle back to that story, but that was the call for her greatness.

So anyway, the fleece was damp, the floor was dry and he didn't answer the call. Davene after the girls spoke there was a break and she met her in the bathroom and she came out and she said, "That girl's a hot mess in there. She's like all insecure and everything. I believe I can do it but I just need to do a few things first." And when I heard that I decided I was going to be the top speaker at the company, which ended up happening. And Davene, I challenged her and said, "How long are you going to keep throwing that fleece?"

See, I'm just like you, I was just like Gideon. So this is what Gideon says, he says, "Don't be angry with me. Let me make one more request. Allow me to one more test with the fleece, but this time make the fleece dry and let the ground be covered with dew." The next morning the floor is damp, the fleece is dry and Gideon surrenders. And he promises obedience without question.

This is the first of the seven spiritual principles inside this story to help you overcome all obstacles and be great. And I'm not talking about the world bowing down to you, it's not about self-glorification. It's about the spiritual race. We're all connected, so start with universal principles and stay with them.

So Davene was broke, a couple of things went wrong, I'm breaking on her pretty good about greatness and you're born to be great and blessed. Same thing I'm telling you right now. And she's telling me why she isn't, I got to do this first, I got to hit this pin level. And I said to her, "How long are you going to keep tossing that fleece?" And that stopped her in her tracks. And that's what I'm trying to do with you is stop in your tracks. Why are you denying your greatness? You are a cure for what's going on out there. You are a comfort for what's going on out there. You are the future of this beautiful recalibration that's happening.

I mean, you guys like me are probably learning which companies in the future you are not going to go near no matter what because they're scumbags and they won't refund money and they won't help people, and there's other ones that are fantastic.

So Universal Mind will tolerate our fleece throwing, I mean our doubt, but it will cherish our faith.

So she gives herself permission, and this girl Jackie B calls and said, "I understand you put Mark's trainings together. Will you do one for me?" She said, "How much should I ask?" I said, "What are you thinking about asking?" She said a thousand. I said, "Ask for five thousand." She asked for five thousand and Jackie said, "Yeah, sure. That's fine."

So the first truth is answer the call. You wouldn't be here today if you weren't called. We're all called right now. We need each other, we need each other to get through this and get rid of the Covidiot anyway. So think metaphor.

Gideon's obstacle he's going to fight over a hundred thousand people with less than thirty five thousand to defend. Measure this against scheduling kids, non-supportive spouse, not enough time or money to drive your business, uncertain about the future. Obstacles are obstacles, and one can feel like Gideon's hundred and twenty thousand.

So here's the second spiritual truth - God says to him, "You got too many men. I can't deliver Midian into their hands or Israel would boast against me, my own strength saved me." In other words, the second truth is we don't overcome these things we're dealing with it right now for self-glorification. Help others get what they want, be of service, let the light shine on them, let the light shine on them.

Like I said, I was just listening to people talk about network marketing and the self-centeredness and the peddling that was going on, and neither one of them ever did it. They just arm pieces for somebody else's pretending that they did it. That's self-glorification and money. We're not talking about that, we're talking about connecting with people and helping them.

So the second truth is we don't overcome these things for self-glorification. And understand God said to Gideon you got too many guys. Now I don't know about you, but if I had thirty five thousand to fight a hundred and twenty thousand and he said you got too many guys, I know what I would have said, "Wait a minute, we need more guys not less guys." But remember, after the fleece throwing he got what? Obedience. He didn't question anything - that's a key thing.

And in network marketing or sales or any business Israel would be the people that you want to help. Are you doing things to get paid for my new car, pay off my debt, get me a new wardrobe, Pannell who wrote the Master Key System, Hill W. Clement Stone, Thoreau, Emerson, Whitman, Socrates, Plato, Jesus, Buddha - they all said the same thing: Success is service. Give more to get more.

Gideon's agenda was to help his people not self-glorification, and he turned to a power greater than himself. So he tells him, "Now announce to the Armony," he says, "Go tell them anyone who trembles with fear raise your hand." So 22,000 guys raised a hand and he says, "Send them home." What would you be thinking? I need more guys not less guys, right? So the 22,000 was sent away.

Notice here, I'm saying it again in another way for a particular reason, notice Gideon's faith without questioning about principle. The third spiritual truth is so applicable today. What is that third spiritual truth? Why did he send 22,000 people home? He asked them - who's afraid? 22,000 raised their hand, he sent him home because fear is contagious. Fear is contagious.

And I have that AHA moment, I go, "That's why it says in Thessalonians give thanks in everything." Because as soon as you give thanks for it and trust the power greater than myself I'm locking out negative thought and focused on the source of all good.

Don't ever forget this - fear is contagious. You got to cut it out like a cancer, because that's what it is. It's been true for 4,000 years, the biggest reason for failure is people listening to acquaintances, friends and relatives. And what are they spreading? Fear. A negative spouse, Napoleon Hill said, "If your spouse is negative, don't even sleep in the same room." The pathway to your purpose in life so you can give meaning to life, meaning to your life and those around you won't be without, "Hey, Frank, I'm just being honest with you."

You're going to get ridiculed; you're going to get criticized. You're in good company, just love them, be grateful and send them home. Eliminate fear mongers, detach with love. So all these people that are sending all these things in Facebook that they don't really know is true, they heard it from someone who heard it from someone - that's all spreading fear. It's all spreading fear. Just faith, baby.

So it's ten to one. Everybody loves an underdog. Now he's got ten thousand to fight a hundred and twenty thousand, right? It's doable, but the Lord says, "You still got too many guys. Take them down to the river and I'll fit them out for you there." I'm like, "Wait a minute, I need more, right?"

See, we need to trust universal principle or we do not.

Hey, Charlie Amanaker.

We either trust universal principle or we do not. Don't tell me that you believe in God or Christ or there's many, many wonderful names, I'm a non-denominational guy, I call it the source of all good - it doesn't matter. Don't tell me you trust that unless your behavior matches that. You either trust mind is cause or you don't. Can you be the metaphor? Trusting principles and giving your obedience. That's the key.

So the bigger test he says, "Separate those who lap the water with their tongues as a dog laps from those who kneel down." In other words, some of them get down like this and some of them brought the water up like this. Only 300, 300 of them drank from cupped hands, the others lapping like dogs. "All the rest, send them home." So now he's just got 300 to fight over a hundred thousand people.

Why did he send those who drank from their hands and knees home? Fourth spiritual principle here - focus on the objective that you want to accomplish not the obstacle. You want to focus only on health. Now by focusing only on health you will do the things that you need to do to protect other people and yourself. I'm not saying we're sticking our head in the sand here. I'm saying isolate.

See, I got a big advantage because my life was interrupted. I drank, I drugged, that got interrupted, I had to learn how to live life separately. I got no problem with 7, 8, 9, 10, 20, 30, 40 days, I got no problem with it. I guess I have a support system, because I invested in people, I invested in these principles. And when we

invest in principles the source of all good, your God, whatever, is going to invest in you, and that's a lesson later in here.

But the fourth spiritual truth is focus on the objective. So these guys, they knew what they had to do, they never took their eye off it. The other ones that took their eye off it send them home, send them home. You've got to eliminate that.

So what I'd suggest, and if you get to our site we'll get this to you free, there's no hooks or anything - Wallace Wattles, the Science of Being Well. Again, it doesn't matter, it's not about sticking our head in the sand, there is something going on. But we need a health crusade here, and you're part of it - be part of it, okay? Because if you're going to talk about fear just go home, just go home, stay home.

So I studied it for months and you need to study this, it's all about concentration. Everything. You weren't given control over ten things or five things or seven things or 22 things, as much as we like it. We all are equal in one way; we all have control over our thoughts. And this concentration, the average person can't hold a thought for more than six seconds. So when you got stuff pouring in on here and Facebook because you're isolated and you don't know how to enjoy your own company, you don't know how to enjoy your family, and that might be where the greatness is - slow down, recalibrate. It's all good, it's all good.

This is a passion point really. Giving people coping skills and ways to feel better in my opinion is dangerous. It doesn't deal with the problem or the obstacle since they're not eliminating the problem, they keep going back. And for the most part it's a scam. This is key - while they were looking at the obstacle they focused on the objective. You know how to do this, because mind is cause and results are effects. Mind is cause and results are effects and so are actions. So this is beautiful, the Universal Mind has your back.

So during the night the Lord said to Gideon, "Get up, go down to the camp because I'm going to give it into your hands. If you're afraid to attack go down to the camp with your servant Purah." And 11, it goes on to say, "And listen to what they're saying. Afterwards you'll be encouraged to attack the camp."

The Universal Mind will show compassion and give us encouragement when we live by principle. Again, it will tolerate the fleece throwing but it'll cherish your faith. Don't tell me there's not something that you can do today, today. You can call old friends, you can start building a support system, you can get on Zoom with some of your friends and you can talk about the great memories you have. And you can pray for one another's health and health only.

Tolerate the fleece throwing, your higher power will. But it'll cherish your faith. Like fear, faith is also contagious. Where do you find this? In a true mastermind I always like to say in 12-step programs and all that, I always talk about the same thing, "I've never seen God there but I see God there all the time." And how does that happen for me? Well, it's through the grace of people, their actions, their kindness, their encouragement. You have the ability to be that right now. You have the ability to be that right now.

Can you understand why eliminating fear talkers pays a two-for-one benefit here? You've learned this your whole life, let's just up the ante on masterminding, okay? All right, so we'll get encouragement if our plan and purpose is in alignment and from the channel. This is both expected and unexpected breaks. What are the odds that Gideon goes into this camp with 120,000 people, he ends up at the right place, the exact right moment?

We end up always in the right place, at exactly the right moment, but we're generally not paying attention because the world has sucked us in. The institutions, the banks - they sucked us into thinking that our portfolio is more important than hugging our wife, our portfolio is more important than the imaginary tea party with our daughter.

What a wonderful thing this is? I mean, I'm not ridiculing anything or anybody here. I know how tragic this is. But it's a chance to recalibrate. Stop letting the world tell you what makes you fit in. Why try to fit in when you were born to stand out? You're a child of God, start acting like it. We always end up in the right place at exactly the right time, the question is are we paying attention or are we self-centered to the extreme? That's the deal.

So Gideon arrived just as the man was telling a friend of a dream he had, he said, "I had a dream. A round loaf of barley bread came tumbling into the Midianite camp and it struck the tent with such force the tent overturned and collapsed." And the friend responded, "This can be nothing more than the sword of Gideon, son of Joash, the Israelite God has given the Midianites and the whole camp into his hands." Remember fear is contagious and it spreads through that camp like wildfire, and Gideon and Purah left the camp.

And Gideon stops as they left the camp, and he kneels - this is important. And he gives thanks. Remember I started this off by saying give thanks in everything - he gives thanks. So the fifth spiritual truth if, big word, if we're aligned with true service and principle we will get encouragement. It's unbelievable when I've been aligned with that the encouragement against all odds that I get. Absolutely spiritually true, a hundred percent of the time. If we are aligned in true service and principle we will get encouragement.

So I don't know if you got this but the sixth spiritual truth the divine mind is always working in the other camp too. All we have to do to keep this virus alive and spreading and killing more people is think about the virus spreading and killing more people. If we think about our health that we are health, that we are vitality, that the source of all good is in us and that it is not about life but it actually is life and we bring that life with faith in without fear the divine mind will work in the other camp too.

If we dedicate ourselves how selflessly for the greater good, courage looks completely different when you get in this state. Instead of trying to be brave, that's just a label, we let courage in to our interactions by focusing on, what - the objective for the greater good, not worrying about the obstacle.

"I'm thirsty. Am I going to have enough toilet paper?" A bunch of bullshit. There's no courage required when you are dedicated to the greater good. You have so got this if you understand this one thing - gratitude is a cause not an effect.

Gideon stopping, he was giving thanks. When he stopped and prayed he did not ask for victory. He did not ask for victory. He simply gave thanks, because gratitude is a cause not an effect. Think this through. Under stress we tend to be really attached to a negative perceived fantasized future outcome, this leaves us anywhere and everywhere except where we need to be. Let go, lean into this thing, lean into your health. You are healthy, I feel healthy, I feel happy, I feel terrific - we all are. And that's what we need to spread.

I'm not saying that we shouldn't respect one another, isolating and all that. And what a joyous time to reconnect and recalibrate our values, our real values, because it can all be gone like that.

This is time we're just passing through it for a split second. Four billion years, you're 60, 70, 80 years - it's a flash. So detach and step into the field of infinite possibilities, the wisdom of uncertainty. I hope you're getting these links because it's there everywhere.

So the rest of the story in case you didn't know he tells them to get some torches, clay pots, horns and their voices. They go up on a ridge, they light the torches, they smash the pots, they blow the horns and they yell, "A sword for the Lord and for Gideon." And that's really the seventh-grade truth. From the beginning they were one, undivided with the divine mind. They were in that place that can't be divided.

This metaphor examined shows me where I went with self-will, and that was a mess. And the few times that I aligned a hundred percent with sound principles the results were always the same. Put it in four words for you, the first four words in the Bible are in the beginning God. Start everything you do with a power greater than yourself - God, universal mind or what other. Otherwise, you're going to be vulnerable to self-centeredness.

And with ten thousand hits a day between the con artists out there and the fear mongers, it's going to be hard to maintain that space, unless you make that choice first. Before, before, before, okay?

So like I said I like to use everything God, universal mind, creator, illuminated ones, source of all good. It's all good; it helps me leave it unlimited, right? I love from the movie Rudy when he's got his last chance to get into Notre Dame and he asked the priest, "Is there anything else I can do?" And the priest says to him, "There's only two things in all my years of clergy, there is a God and I'm not him." It's really just good orderly direction, and what does that mean? Follow these seven principles and together we can overcome this obstacle and come out of it in such a magnificent, recalibrated space.

Ego is the only real enemy which stands for easing good or easing God out. So forget fleece throwing, those are the ancient days. Your purpose is calling you. The world needs your gifts right now, right today. Once Gideon heard the call and committed he let go of attachment to self, and guess what? Stress vanished. It's all about the law of environment. I created the law of environment which is whatever belongs in an environment will show up and flourish, what doesn't will atrophy.

Example, polar bears and seals don't show up in the desert and roses don't show up in Antarctica. What are we really talking about is the environment of your mind. The environment of Gideon's mind was serviced and God-centered, from that point on he was obedient to the message and the principles. You are a steward of the world within, so was Gideon. He stayed with the purpose and he stayed with the source.

It's interesting that nobody ever wonders about the rest of Gideon's life just like the widow and the greatest economic transaction ever, the greatest economic transaction was Jesus was in the temple and the widow with just two pennies. He was chastising people for bragging about what they give. She puts her two pennies, her last two pennies in there. Everybody, she's never mentioned again, but you talk to anybody about it and they know that she ended up just fine. Why? Because inside we all know the same thing - if we align ourselves with spiritual principles it'll all work out. You simply know in your heart that she was fine.

What does that mean? You know that if they live by principle they're going to be fine. What you need to act as if the same is true about you. If you align yourself with the source of all good then your dreams will be aligned with the source of all good too.

So what did he really understand? Well, Gideon really understand he was a channel of service, and that's what we're all here today for is how can you become a channel of service. Gideon said when he came back after the victory and so here's these thirty thousand people he sent home and they're like, "Now you think you're pretty good, huh? Didn't need us to win the battle, think you're all ..." Gideon said, "What I did was nothing compared to what you're going to do." He didn't do it for himself and he totally disarmed him with that one statement. He got it - it's not about self-glorification but service for the greater good.

My greater good for all of this is pretty simple - I am holding in prayer a healthy recalibration for the majority of people so that they can break from the momentum of mediocrity and being told ... I mean, some people are actually made fun of because they don't have a smart phone. What a freaking crime, right? How did the earth get by without them? Anyway, he got it. He got what? It's not self-glorification but service to the greater good. He was a humble victor understanding that it was the source not himself.

Let's review, seven basic principles to overcoming.

One, start with the source standing on principles.

Two, understand overcoming obstacles is honoring the source not for self-glorification.

Three, fear is contagious. Send them home, get off the phone, don't try to change their mind. Love them and send them home but get away from them.

Four, focus on the objective not the obstacle.

Five, faith is contagious. So if you are aligned in true service and principle, obedient, then you'll get encouragement. It's always there; you're just not paying attention.

Six, be grateful for this chance to serve. Don't ask for victory because if you're obedient to the principles it will always turn out better than what we could imagine or ask for.

Seven, trusts that the source is working in the other camp for the greater good.

And eight, be humble in victory. Gideon was humble. "No, I'm no great warrior. I did nothing compared to what you're going to do." And instantly, what? United everybody, instantly united everybody.

You see, victims tend to recoil from challenges. And this is a really interesting one because we're being told to isolate, and when people are isolating they're probably going to do what they've always done - get their news from the same source, if they're spending all their spare time on Facebook they're just going to spend more time in some of these negative cesspools to check in with stuff like that. It's one thing on a few people you care about or something positive you're doing. But this is going to make it even more challenging; this is where your greatness is needed.

They'll recoil from challenges, living in self-centered fear and attached to fantasized experiences appearing real. This becomes a habit staying stagnant and contracting the comfort zone.

Victors move towards challenges, they're selfless and selfless-centered faith and detached from the outcome. They know that success and failure in the world's way of looking at things are all bullshit, they're imposters, they're simply part of this magnificent adventure. And that becomes a habit - enriching and expanding their comfort zone, both the comfort that they give and the comfort that they receive.

So Satchel Paige said, "Don't pray when it rains if you don't pray when the Sun shines."

So anyway, I hope this has been helpful for you. Thank you so much for getting here. I see my good friend Charlie Amanaker, Tom Washington. What virus? That boy, Tom. Vernon says he's tagging a few people. Thank you so much for your kind words. Thank you, Michael.

Monty Fitzgerald, "By service you can throw a dazzling beam of scintillating white vibrant energy into the darkness of a suffering world and raise it." Monty, I love you, man. You get it. You get to stay. Monty's got his eye on it.

Thank you so much for being here, everybody. It is Taking Charge, overcoming obstacles. And we're so grateful for all you being here, all your kind words.

And don't worry about the world's ideas of service. In your heart you know what you can do, so just follow that, just follow that. Reach out; tell some people how much you love them. And if they're scared tell them that, "I understand that this too shall pass. Let's talk about how lucky we have been on this planet. Let's talk about that." And if they don't want to, tell them you got another call. If they do, enrich one another's lives with great things that you've shared.

All of a sudden just a bowl of soup with a friend seems like the greatest thing in the world. Maybe that's one of the things that's supposed to happen, that we start to treasure and that we're there when we're there. When we're with Denis we're there, when we're with great friend Gail Kelly who just had a birthday ... Happy birthday, Gail. A (yellow?), so cheerful her whole life, dealt with so many things this way, dealt with so many things beautifully.

Geri Ward agrees with Tom Washington. Thank you, Kat. I really appreciate it. LJ, so nice, "Thoughts are energy that will create a ripple effect and attract whatever anyone on this planet is thinking about." It's like the butterfly effect.

Jojo from Boston. Thank you, Joanne. You rock. Kristi Rogers, thank you.

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Peace be the journey. Thank you so much, everybody. Yeah, Gayle, I'm all about a coffee, right? So grateful. Act as if. Peace out, everybody.

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